AL ZEENAT HAJJ & UMRAH

HAJJ PILGRIM PACKING CHECKLIST

A practical packing guide for male and female pilgrims travelling from India to Saudi Arabia

Prepare with care. Pack light. Keep your Hajj essentials organised.

PACKING TIP Keep essential documents and medicines in your cabin bag. Make Ihram or prayer clothing easy to reach, and keep medicines in their original packaging.

1. Important Travel Documents — All Pilgrims

- ■ Passport with valid Hajj visa
- ■ Hajj permit / pilgrim identification card, as applicable
- ■ Flight tickets and travel itinerary
- ■ Hajj group / cover number and accommodation details
- ■ Vaccination certificates and medical fitness documents, as required
- ■ 4–6 passport-size photographs
- ■ Photocopies of passport, visa and tickets
- ■ Emergency contact details of family and Hajj group leader
- ■ Hotel address and contact number in Makkah and Madinah
- ■ Travel insurance documents, if applicable
- ■ Saudi Riyals (SAR) cash and international debit / forex card
- ■ Small waterproof document pouch

2. Male Pilgrim Checklist — Clothing & Ihram

- ■ 2 sets of white, unstitched Ihram cloth
- ■ Ihram belt / money belt with secure pockets
- ■ Comfortable sandals suitable for Ihram
- ■ Lightweight cotton kurta-pajama / regular clothes
- ■ 2–3 pairs of underwear (for use outside Ihram)
- ■ 4–5 pairs of socks
- ■ Nightwear / comfortable sleeping clothes
- ■ Lightweight waist pouch or cross-body bag
- ■ Small towel and handkerchiefs
- ■ Extra slippers for the bathroom

IMPORTANT During Ihram, men should avoid tailored clothing such as shirts, trousers and underwear, and avoid covering the head. Follow your Hajj guide's instructions on footwear and Ihram requirements.

3. Female Pilgrim Checklist — Clothing & Essentials

- [ ] 3–4 comfortable abayas / loose modest dresses
- [ ] 2–3 prayer outfits
- [ ] 5–6 hijabs / headscarves
- [ ] Undercaps and hijab pins / clips
- [ ] Comfortable modest footwear
- [ ] Socks and comfortable undergarments
- [ ] Nightwear
- [ ] Extra scarf for changing or emergencies
- [ ] Small personal hygiene pouch
- [ ] Menstrual hygiene products, if required
- [ ] Safety pins and a small sewing kit

IMPORTANT Women do not have a specific two-piece Ihram uniform like men. Wear modest, loose clothing and a head covering. The source checklist advises avoiding perfume and observing Ihram restrictions; follow guidance from your Hajj scholar or group leader.

4. Toiletries & Personal Hygiene — All Pilgrims

- [ ] Toothbrush and toothpaste
- [ ] Unscented soap / body wash and shampoo for Ihram
- [ ] Unscented deodorant
- [ ] Tissues and wet wipes
- [ ] Hand sanitiser
- [ ] Small towel / bath towel
- [ ] Nail cutter (use before entering Ihram)
- [ ] Comb / hairbrush
- [ ] Unscented moisturiser and lip balm
- [ ] Sunscreen suitable for Ihram
- [ ] Toilet slippers
- [ ] Laundry detergent sachets
- [ ] Small clothesline and clips

5. Medicines & Health Essentials

- [ ] Regular medicines for the full trip, plus extra supply
- [ ] Doctor’s prescription in English
- [ ] Medical report for existing conditions
- [ ] Medicine list with doses and timings
- [ ] Basic first-aid kit
- [ ] ORS / electrolyte sachets
- [ ] Bandages and blister plasters
- [ ] Pain / fever medicine prescribed or approved for you
- [ ] Cold, cough or allergy medicines as advised
- [ ] Diabetes supplies / glucose monitor, if required
- [ ] Extra spectacles / contact lens supplies
- [ ] Medical ID card or bracelet, if needed

IMPORTANT Carry personal medicines in their original packaging with prescriptions. Check current Saudi requirements for any medicine you plan to bring.

6. Hajj Rituals & Mina–Arafat–Muzdalifah Day Bag

- [ ] Small lightweight backpack
- [ ] Hajj ID / group identification card
- [ ] Mobile phone with emergency contacts
- [ ] Power bank, subject to airline rules
- [ ] Refillable water bottle
- [ ] Small prayer mat
- [ ] Pocket dua / Hajj guidebook
- [ ] Tasbeeh or digital counter (optional)
- [ ] Sun umbrella
- [ ] Sunglasses
- [ ] Small packet of tissues
- [ ] Footwear bag
- [ ] Daily medicines
- [ ] Light snacks, if permitted

7. Electronics & Useful Accessories

- [ ] Mobile phone and Saudi SIM / roaming plan
- [ ] Phone charger and cable
- [ ] Universal travel adapter
- [ ] Power bank (check airline rules)
- [ ] Small torch / flashlight
- [ ] Luggage locks
- [ ] Luggage tags with name and contact number
- [ ] Small notebook and pen
- [ ] Plastic / zip-lock bags
- [ ] Reusable shopping bag

8. Items to Keep in Your Cabin Bag

- [ ] Passport and essential travel documents
- [ ] Medicines and prescriptions
- [ ] Mobile phone and charger
- [ ] One change of clothes
- [ ] Ihram set, if needed during travel
- [ ] Spectacles
- [ ] Wallet and cash
- [ ] Emergency contact card

IMPORTANT The uploaded source refers to Hajj 2027 baggage guidance of two checked suitcases up to 20 kg each and one cabin bag up to 7 kg. Baggage allowances can change; confirm the final limits and dimensions with your airline and Hajj organiser before departure.

9. Do Not Carry / Avoid

- [ ] Items prohibited by Saudi law or airline regulations
- [ ] Unknown packages given by other people
- [ ] Flammable items, fuel or cooking stoves
- [ ] Prohibited medicines or controlled substances
- [ ] Excess luggage or unapproved bags
- [ ] Perfume or scented products while in Ihram
- [ ] Excessive valuables or unnecessary jewellery
- [ ] Separate Zamzam bottles in checked luggage on return; follow the official airline distribution procedure

10. Final Packing Check

- ☐ Write your name, mobile number, Hajj cover / group number and flight details on every suitcase
- ☐ Use different-coloured luggage tags for easy identification
- ☐ Keep one small bag ready for the Hajj days
- ☐ Pack clothes in separate bags by day or purpose
- ☐ Avoid overpacking; check whether laundry facilities or services are available
- ☐ Check the latest instructions from your Hajj organiser before departure

DUA May Allah make your Hajj easy, safe and accepted. Ameen.

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